



ASHI CPR, AED, and Basic First Aid combination training

ASHI CPR, AED, and Basic First Aid combination training was created to allow Instructors an easy option for their students seeking a comprehensive training class. The program helps develop basic first aid knowledge, skills, and the confidence to respond. CPR, AED, and Basic First Aid combination training is an excellent choice for both the community and workplace setting, and is consistent with recommendations of the 2010 National First Aid Science Advisory Board and OSHA's best practices for first aid training programs in the workplace

Intended audience

Individuals who require or desire CPR, AED, and first aid knowledge and skills; including emergency response teams in business and industry, school bus drivers, adult residential care personnel, child care workers, teachers, parents, and babysitters.

Class options

- Adult
- Child and Infant
- Adults, Child, and Infant

Class configurations

- Max student to Instructor ratio: 10 to 1
- Recommended student to equipment ratio: 3 to 1

ASHI-approved training materials

- Instructors must have Instructor Guides and media presentation (program video, PowerPoint® or computer/online blended class) for ASHI Basic First Aid and ASHI CPR and AED in order to offer combination training
- ASHI CPR, AED, and Basic First Aid Student Handbook (one per participant; print or digital)

Successful completion (certification)

- **Written evaluation:** Required when specified by organizational, local, or state regulation. It is recommended for designated responders with a duty or employer expectation to respond in an emergency and provide first aid care.
- **Performance evaluation:** All students must perform required skills competently without assistance.

Recognized certification period

Up to 2 years

Recommended time to complete

Initial training: 4–5 hours

Renewal training: Less than initial instructional time

Course topics

- First Aid Provider
- Legal Considerations
- Recognizing an Emergency
- Deciding to Help
- Personal Safety
- Disease Transmission and Universal Precautions
- Emergency Medical Services (EMS)
- Primary Assessment—Unresponsive
- Unresponsive and Breathing—Recovery Position
- Primary Assessment—Responsive
- Secondary Assessment
- Control of Bleeding
- Internal Bleeding
- Managing Shock
- Amputation
- Impaled Object
- Open Chest Injury
- Open Abdominal Injury
- Head, Neck, or Back Injury
- Swollen, Painful, Deformed Limb
- Impaled Object in the Eye
- Chemicals in the Eye
- Nosebleed
- Injured Tooth
- Burns
- Sudden Illness
- Altered Mental Status
- Stroke
- Diabetic Emergencies
- Seizure
- Breathing Difficulty, Shortness of Breath
- Asthma
- Severe Allergic Reaction
- Pain, Severe Pressure, or Discomfort In Chest
- Severe Abdominal Pain
- Poisoning
- Bites and Stings
- Heat Emergencies
- Cold Emergencies
- Emergency Moves
- Emotional Considerations
- Sudden Cardiac Arrest
- Early Defibrillation
- CPR and AED Provider
- Respiratory and Circulatory Systems
- Chain of Survival
- Chain of Survival for Children
- Basic CPR—Chest Compressions
- Basic CPR—Rescue Breaths
- Basic CPR—Primary Assessment
- Unresponsive and Not Breathing—CPR
- Automated External Defibrillators (AEDs)
- Basic AED Operation
- Troubleshooting and Other Considerations
- Choking

Optional program content

- Tourniquets
- Splinting
- Metered-Dose Inhalers
- Nebulizers
- EpiPen® Auto-Injectors

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**ASHI CPR, AED, and Basic First Aid combination training—
Easy for your people. Easy for your business. Easy for you.**